



Volume XXXIV, Number 2

April 2020

Greetings from the President – Joan Proctor

The Joy of Serving from the Heart

Hello my dear friends,

Busy.....Busy.....Busy--this is what I hear from many of you; nothing like starting a new year off with a bang! New officers have been installed, bylaws and handbooks are being revised, and recruiting of new Auxilians is underway.

Your VAHAV lost a board member and a dear friend in February. George Souza was a dedicated Auxilian for many years working at his Mount Vernon Hospital. As Northern District Chair, he worked diligently with the hospitals in his district to attain continuity and strong leadership. On the VAHAV Board, he served as Legislative Chair and most recently the Membership/Sponsorship Chair. His smile and his kindness will be greatly missed.

Plans for the 2020 Educational Conference are in motion! This year's conference will be in Richmond at the Double Tree by Hilton Hotel on Monday, October 26, and Tuesday, October 27. I am so grateful to all who attended last year, and I hope I see you this year!

Let's encourage each other and share ideas that help strengthen our Auxiliary. Changes are happening in our hospitals, and we need to remain strong in our efforts to help keep the vision.

Feeling the joy.

Webmaster, Communications – Diane Glasgow, Chair

The website is almost complete. I have a couple more items that will be posted. The directory for each district has been posted. Be sure to check your district directory and let me know of any changes that need to be made. The directory is only as good as the information all of you provide to me. It is very important that you let me or your district chair know of any changes in your Auxiliary Board. It was also

time for the district meetings. The Executive Board voted to cancel all Spring District Meetings because of the coronavirus. I hope everyone stays safe and free from the virus.

Treasurer's Report – Diane Glasgow, Chair

It is hard to believe that 2019 has ended and 2020 has begun. With a new year, it is time for the 2020 annual dues. Letters have been sent to each member hospital. The due date for the dues is May 1.

Nominating – Harry Russell, Chair

As Nominating Chair, it is time to remind the District Chairs that we need members to serve on the 2020 – 2021 Board of VAHAV.

We are looking for a person to serve as President-Elect and a Conference Chair. The President-Elect would become President in 2022. These positions are elected positions voted on at the annual conference.

The state is divided into five districts. We would like to have all districts represented on the Board. The five districts are Capital, Hampton Roads, Northern, Piedmont, and Southwestern.

If you are interested in serving, please let me know-----we need your help.
pastpresident@vahav.org or nominating@vahav.org.

“Imagine, Believe, Achieve.....Your Gift of Time Is Priceless”

President Elect – Frank Ringquist, Chair

Are conferences worth the cost of time and treasure? I have heard arguments on both sides of the question. Some people say that they don't benefit from the conference and it is a waste of their time. Others say that they derive a lot out of the educational and networking sessions.

Let's look at the first argument: They don't benefit from the conference and it is a waste of their time. Does this person attend the educational sessions, and do they participate in the group discussions? The axiom of “you get out what you put in” would apply in this case. As in any educational setting, participation stimulates the acceptance of knowledge. I have attended conferences where I thought I was wasting my time, however, I always learned something new. Some of those conferences were mandatory attendance (DoD), and yet I always learned something. It may not have been in my specialty; however, it was something that I could adapt and apply.

Second argument: They derive a lot out of the educational sessions and networking during the social times. This is the person who is going to make the most of their time at a conference. They are coming in

with an open mind and are there to learn. Their learning is not limited just to the formal sessions; the networking and sharing ideas at formal and informal social gatherings are just as valuable. I have picked up ideas at the district meetings and conferences that I have taken back to my hospital. Not all ideas were implemented, however, the seeds were planted.

Not all of you are aware of the hundreds of man-hours needed behind the scenes to present an educational conference. Just consider the scheduling of sessions, the breaks between same, getting speakers for topics that will be of interest to the attendees. Another area that most people don't think about is the food and beverage planning. Most venues have a minimum food/beverage charge, and on top of that is a service fee and taxes. All of that can and normally does exceed half the total cost of a conference. When you look at the cost per contact hour, a conference is the most inexpensive training you will get.

So, my answer to the title is a big YES. I have made numerous contacts through our VAHAV educational conferences and have learned many things that have benefited my hospital and me personally (i.e. stress relieving techniques).

Save the Date

71st Annual VAHAV Educational Conference
October 26th & 27th, 2020
DoubleTree by Hilton Hotel
Richmond, Virginia



Please visit our website for up-to-date information on the Conference!



Virginia Association of Healthcare Auxiliaries and Volunteers
Capital * Hampton Roads * Northern * Piedmont * Southwestern
www.vahav.org

Legislative – Jim Dunlop, Chair

State Sen. Amanda F. Chase has announced she will seek the Republican nomination for governor next year but will pursue an independent bid if the party denies her the nod. Chase is the first Republican to formally enter the race to succeed Gov. Ralph Northam, who by law cannot seek back-to-back terms.

Democrats who have expressed an interest in running for governor include former governor Terry McAuliffe, Attorney General Mark R. Herring, Lt. Gov. Justin Fairfax, state Sen. Jennifer L. McClellan, Del. Jennifer D. Carroll Foy, and Richmond Mayor Levar Stoney.

The Virginia General Assembly is considering a state tax credit for family caregiving. Under the proposal, caregivers could receive a credit for 50 percent of the cost of out-of-pocket expenses up to \$1,000 per year. Those with incomes over \$75,000 (\$150,000 for couples) or who don't owe state taxes would not qualify for the credit.

Virginia health regulators are asking lawmakers to greenlight a licensing system for music therapy.

Each year, Virginia hospitals help bring more than 90,000 precious new babies into the world.

Virginia ranks as one of the most improved states in the 30th anniversary edition of the America's Health Rankings annual report issued by the United Health Foundation, rising from 20th among states in the 2018 report to 15th in the 2019 edition. Virginia is one of three states that made the largest improvement in the rankings since 2018. Virginia's hospitals and health systems have been among the leaders in this effort and are committed to the goal of making the Commonwealth the healthiest state in the nation.

As part of its support for the ongoing efforts in Virginia hospitals and health systems to continuously improve the patient and family experience of care, the VHHA has declared 2020 the **Year of Patient Experience**. This declaration marks the start of a statewide initiative to highlight patient experience improvement efforts across Virginia.

The Virginia Department of Health Professions' Board of Nursing is going paperless in an effort to reduce paper use and to minimize the risk of fraud. The department has begun a paperless licensing initiative, which means that going forward, all licensees will eventually receive one last hard-copy (paper) license, certificate, or registration by mail.

The Virginia General Assembly was working to approve a two-year state budget (July 1, 2020-June 30, 2022) ahead of the March 7, 2020, adjournment. A committee has been formed to reconcile competing versions of the House and Senate budgets.

Anne Lewis Leadership Development Fund – Mary Franklin Ringquist, Chair

Please check out this opportunity for 2020 by going to the VHAV website and viewing the information. The Anne Lewis Leadership Development Fund was established in 2004 as a way to assist member healthcare facilities that may have a need for educational assistance and which, at times, find it financially difficult to have members attend educational opportunities, such as the VAHAV Annual Educational Conference. I'd love to see an Auxiliary take advantage of this great opportunity this year.

If you have any questions regarding the fund or I can assist you in any way, please contact me through the website or at maryffranklin@comcast.net

Emblems – Mary Franklin Ringquist, Chair

Come one, come all and get your VAHAV Emblems!!! I have in stock and ready to sell the following: VAHAV pins (\$8 each), charms (\$10 each), patches (\$3 each), and decals (\$1.50).

You may contact me at maryffranklin@comcast.net or my cell 215-817-0667 for any questions you have or to order the above items.

Vendors – Patsy Garrett, Chair

I am putting together a list and contacting vendors for our annual educational conference in October. Do you have a favorite vendor or a local vendor who might be interested in displaying their products at our conference?

Please forward their information to me. Our conference will be held October 26 and 27 at the DoubleTree in Richmond. Look forward to seeing many of you there.



Hospital Auxiliary News



Northern District

We are saddened by the passing of former Northern District Chair George Souza. George was a tremendous asset to VAHAV. He will be missed.

We also remember another former Northern District Chair, Bill Foster. Bill is recovering from a fall in his home in December 2019. He is now back at home, where he will continue his rehab.

The VAHAV Executive Committee has canceled all Spring District Meetings for 2020. Therefore, the Northern District will not be holding one this year. We look forward to a Northern District Meeting in 2021.

The 71st VAHAV Educational Conference will be held at the DoubleTree Hotel by Hilton in

Richmond. The dates are October 26-27. This will be a two-day conference, which many of you have requested. We are hoping for an increase in attendance now that the length of the conference has been shortened.

Submitted by Jim Dunlop, Chair

Inova Fairfax Medical Campus

What a way to begin 2020. The IFMC Auxiliary Board managed to have two terrific meetings to begin the year. Goals were outlined, plans were made to continue our philanthropic mission, and then, well you know what happened. COVID-19 reared its ugly head, slowing our work to a near halt.

Wow, what a time for IFMC and those of us who volunteer! Volunteer shifts at the hospital were canceled. The three Treasure Troves are closed, the four hospital gift shops including the one at the Schar Institute are open but, with no volunteers, operating with limited staff. Our president, Howard McAnany, did have the wonderful opportunity to be included in a video call hosted by the Foundation's Dr. Sage Bolte. The video call featured an update from Drs. Jones and Motew and touched on frequently asked questions about COVID-19, as well as Inova's planning and response to the outbreak. The call was quite reassuring and provided many answers to questions regarding the outbreak. The bottom line: Inova was and is prepared to continue to provide world class healthcare for those of us in Northern Virginia during these trying times.

It's now time to look forward to getting our lives back to a semblance of normalcy and hopefully, in the near future returning to our volunteering. Be well, be safe.

Submitted by Howard McAnany, President

Mary Washington

As is the case with most hospitals in the state, Mary Washington Hospital has furloughed all volunteers from Mary Washington and Stafford hospitals, thus keeping them safe from possible contact with those who might be ill with the virus. In addition, our gift shop has closed because it is 99 percent staffed by the volunteers. I've been told that the volunteers are missed ... but we will return as soon as possible.

Our Auxiliary Board will continue its support of the several hospital services, the natal Memory Boxes, and many other areas of the hospital as the new board, led by President Carl Lucas, proudly took office in January. We are eager to begin the new term!

Our CEO, Dr. Mike MacDermott, heads a statewide medical group advising and working with Virginia hospitals on the latest protocols for protecting the public and patients of our hospitals. We look forward to Virginia's medical establishment providing the best care for us. We hope the next few months bring peace, joy, and good health to everyone. May Our Maker bless and keep us all.

Submitted by Rochelle Grey, Past President

The Ladies Board of Inova Loudoun Hospital

February 4, 2020, was “homecoming.” It was the first time since July 2017 that our monthly business meeting was held at the hospital. The new conference center on campus has been named The Ladies Board Education Center.



After our meeting, the Ladies were included in a “family” pre-opening lunch at the new Patient Tower still under construction. Food trucks and photo opportunities welcomed employees, staff, and volunteers to see the new lobby area.

The Nursing Scholarship application window is closing April 14. Each year, the Scholarship Committee reviews applications from nursing students who either live or work in Loudoun County to determine if they meet the scholarship criteria, and if so, to select the recipients. The Ladies Board scholarship program was established in 1959 to award supplemental funds to worthy nursing students, and since that time has offered over 1,200 scholarships totaling nearly \$1,875,000. The Gift Shop, Twice Is Nice thrift shop, the Lights of Love program, and the Annual Ladies Board Rummage Sale all raise money to fund the scholarships.

Submitted by Lisa Cromwell, Public Relations

Winchester Medical Center

Auxiliary Gets Hands-On Da Vinci Experience

The general meeting of the WMC Auxiliary, held on January 13, in the Conference Center, was “The” place to be, if you wanted to see the future of medicine. The Da Vinci Robot was available for members to see and explore. Auxiliary members were able to take turns trying the actual operation of a robotic training module, complete with cameras as a surgeon would operate, to see the process for robotic surgeries.

Valley Health’s robotic program, usually only available in urban areas, allows for minimally invasive surgery that provides less trauma to the body, shorter hospital stays, quicker recoveries and fewer complications. WMC has nine Valley Health surgeons who perform robotic surgeries in six specialty areas. Surgical oncology, Thoracic, General Surgery, Bariatric, Urogynecology, and Urology are the current areas of concentration. Over 1,000-plus surgeries, using the Da Vinci Robot, have been performed since the launch of the program in the fall of 2016.

If you had seen the Robotic training module, you might have hesitated at first if you thought of yourself being a future candidate for robotic surgery. Why would you consider having this type of surgery? What could go wrong? How do you control a robot? Too many of us grew up with scary images of robots that turned on people. In the movies or not, we are reluctant to be on the using end of this technology. However, the company who builds the Da Vinci Robot was able to share their safeguards to reassure the public of their quality of care.

Surgeons who want to train in robotics must apply to the program. They go through a screening process that evaluates their reasons for joining the program, their temperaments and their surgical skills. Once accepted into the program, they are assigned a mentor that has performed at least a thousand robotic surgeries on their own. The surgical candidates for the robotics program must then attend training classes with evaluations before progressing in the program. Once the surgeons pass their training, they must perform five robotic surgeries under supervision.

The Da Vinci robot is always under supervision. The maker, in California, gets sensors that tell them if something is wearing out or not responding. A service technician is sent to WMC to correct any issues before they become a problem. If the surgeon is in the midst of a surgery and experiences any kind of malfunction, the robot stops and holds all vascular clamps, etc. in place. The surgeon will open the patient as in a standard, non-robotic surgery, clamp off the vessels, and only then release the robot with manual over-ride. There is never a danger to the patient.

Valley Health is on the leading edge of technology that is often found only in major cities. The fact that we have this technology at our fingertips is remarkable and very forward thinking for our administrators.

Information was gathered from Da Vinci representatives Brandon Taylor and HealthLink.

*Written by Pam Pampe, Auxiliary President-Elect,
and Submitted by Kathy Yereb, Publicity Chairman*

Hampton Roads District

Happy spring, everyone. I can't believe it is spring, and we were lucky that we had a mild winter this year.

If you were fortunate enough to attend the 2019 Annual Educational Conference, which was held in Portsmouth, you received a "Save the Date" card for our 2020 Annual Conference, which was to be held in Roanoke. But after reading the comments relayed to us from the conference surveys, the board has some exciting news to share. This year's Educational Conference is now being held at the DoubleTree by Hilton Hotel in Richmond on October 26 and 27. You asked for less down time, so our Conference Coordinator is hard at work arranging a two-day conference instead of the three-day one we have had in the past. The hotel is also working with us to provide us with reasonable room rates so that more of our volunteers might be able to attend.

I am hoping that since the 2020 Conference will not be far from the Hampton Roads area, that you can talk this conference up with your Auxiliary and get as many of your volunteers to attend as you can. I would love to have you stay for the entire conference, but if this is not feasible, I hope you would at least come for a day. If your Auxiliary or hospital is not financially able to send a few of your volunteers, please take advantage of the Anne Lewis Leadership Development Fund in which the VAHAV has funds to send two volunteers from two different hospitals to the conference and will pay for their registration and hotel accommodations (must share a room). The application and guidelines are available on the VAHAV website (www.vahav.org). The deadline to submit applications is August 1.

Due to the COVID-19 pandemic, we will not be having a Hampton Roads Spring District Meeting this year. This is what we received from our VAHAV President...Due to the Governor's request and in keeping with our continued quest to keep our Auxilians safe, we recommend that all Spring District Meetings for 2020 be canceled because of the COVID-19 outbreak in Virginia.

I want to personally thank Mr. Kellam from Sentara CarePlex Hospital, who had graciously volunteered to host this year's District Meeting, and hope that we see everyone at the Annual Conference for our annual district meeting.

As Auxiliary President, by now you should have received the dues letter. The amount you pay is based on the numbers you recorded when you submitted your annual survey in August. Dues are due by May 1.

It is now time for me to get back on my “soap box.” I am still looking for someone to take on the position of Hampton Roads District Chair. As I have previously mentioned, most of the work of this position can be done via emails to the VAHAV hospitals in your district. This is not a time-consuming position, and I will be happy to sit down with you to discuss at your convenience.

Lastly ... please remember to send me any changes to your Auxiliary leadership, so we can keep our records up-to-date. This would include changes in your Auxiliary President along with their term of office, your Volunteer Coordinator or DVS as well as your Gift Shop/Thrift Shop Manager(s).

Submitted by Debbie Sammler, Interim Hampton Roads District Chair

Capital District **Memorial Regional Medical Center**

The MPMC Auxiliary met in January and started the planning process this year for vendor shows and the Good Help Fund Raffle. Funds received will be used toward special hospital projects. We have also been soliciting for new volunteers for the upcoming year. These individuals will be installed at the spring Volunteer Luncheon, which will be held in April.

Submitted by Diane Glasgow, President

Piedmont District

The Piedmont District Meeting planned for April 16 at Centra Virginia Baptist Hospital in Lynchburg has been postponed. Yolanda Williams and her Piedmont Meeting Committee had been hard at work since the beginning of the year planning this event. When all the restrictions on movement and hospitals have been lifted, Centra Baptist will try to reschedule. Of course, I hope we will be able to hold a District Meeting this year, but we will have to just wait and see what the future holds. I was hopeful that all of our eight Piedmont hospital Auxiliary presidents would have been able to attend along with several of their volunteers! We can always hope to see each other in the not too distant future. Take care.

Submitted by Jane Caine, Chair

University of Virginia Health System

Valentine's Day at the UVA Hospitality House was full of goodies for all the guests staying there, thanks to the Auxiliary. The director said our holiday spread was well received and enjoyed by all. Of

course, we always looks for opportunities to cheer up the guests staying at the Hospitality House, whether it is a holiday or not!



On March 24, our volunteers were planning to arrange and deliver daisy arrangements to every patient's room in the hospital--at least where fresh flowers were allowed. This would have been a huge project that took many volunteers to pull off, but unfortunately, we had to cancel this event because of the Covid-19 restrictions. It was going to be our way of welcoming spring to all the floors. We hope to be able to do something similar to welcome summer! This year the board members visited the eight florists who make the most deliveries at the hospital and asked if they would like to help sponsor Daisy Day. It was the first time the Auxiliary had solicited funds face to face from community partners! The entire process was definitely a learning experience and we gained a lot of valuable knowledge that we will use as we go forward.

Our summer junior volunteer program began in the middle of February when we held the random selection process to determine which applicants would come in to interview and submit letters of recommendations. We hope to be able to continue this program, but, of course, we will have to wait and see what happens in April. Right now, no volunteers are allowed in the UVA Hospital, patient visitors have been restricted in number, and our gift shop is only open from 10 to 12. I am sure your hospitals are under similar restrictions. Our volunteers miss coming in to work their shifts, and the patients and staff miss them, too!

Happy Easter and happy spring to everyone in these stressful times.

Submitted by Jane Caine, President

Centra Lynchburg General Hospital

Happy spring to you all. We held our General Meeting in January at which we served a light lunch, had a representative from nutrition services speak on diet and the use of spices, and held the installation of our 2020 board. Great attendance.

Our Auxiliary tried a new vendor in February: Waffle Mania. This is a local business that set up outside of our Gift Shop. The waffles sold for \$6 each, and you had a choice of toppings. The sale was to have been until 5 p.m., but by 2 p.m., everything was sold out. Needless to say, the company and the Auxiliary were very excited about this. Since it was their first time doing a fundraiser for us, they now know to bring more the next time. Yes, we do plan to have them again.

As many of you know, we have used another local vendor, Sweet Frog, for several years now. They come to our hospital twice a month bringing two flavors of yogurt with several toppings and whipped cream flavors. For \$5, you get a cup with your choice of toppings. This has been a big sale for us.

We also tried a new local vendor: Paparazzi Jewelry. The pieces sell for \$5, and most necklaces come with earrings to match. This sale was very successful also. Lots of bling.

Do you have local vendors you use at your hospital? If so, I would love to hear about them.

We are looking forward to attending the Annual Conference in Richmond October 26 and 27. Hope to see many of you there.

Submitted by Patsy Garrett, President

Augusta Health

Since we missed the last edition, we report a highly successful Lights of Love event in December. We raised \$7,000 for our on-campus Shenandoah House Hospice. In January, we held a strategy session to set goals for the year and to determine small things we can do to enhance the patient/client experience at Augusta Health. We have developed a Comfort Care Committee to support our volunteers and their families during times of need. Understanding that hospitals are not good environments for young children, we are providing activity sheets and other activities for children in our waiting rooms. Like so many other organizations, we are challenged to find persons willing to serve on boards and committees. All suggestions welcome!

Submitted by Maxine McKinney, President

Sovah Health, Danville

The arrival of spring brings many opportunities and activities for our volunteers at Sovah Health Danville.

In January, we held a very successful fundraiser for our Auxiliary. Leggett Town & Country is one of the newer vendors, and they were well received and supported by our employees. Something Else

Uniforms was our vendor for March 2020. Our employees look forward to this event, which gives them the convenience to shop for uniforms, etc.

Proceeds from our various fundraising efforts are used wisely and help assist us in awarding scholarships to deserving students. Monies from our other sales throughout the year are used to help the employee managed program, Patient Care Fund. This fund assists patients with prescriptions when they are discharged in the Emergency Department or when discharged from the hospital. These are patients that would otherwise be unable to leave without the medicine they need. Our Auxiliary is very community oriented.

Our Auxiliary officers for 2020-21 were installed on March 5, following a delicious luncheon served in our large dining room. After our luncheon, service awards were given out to our volunteers for 2019. They volunteered 13,700 hours in 2019.

Also during this luncheon, two of our longtime volunteers were recognized for 38 years of service to our Auxiliary and our hospital: JoAnne Williams and Ramona.

All of our Auxiliary volunteers are dedicated to our mission to develop and maintain competent in-services in an effort to enhance, assist, and strengthen our paid staff. By offering these services, we take pride in assisting our families, visitors, and hospital staff and strive to make a positive impact on their lives as we volunteer on a daily basis.

Submitted by James M. Doss, Auxiliary President

Centra Virginia Baptist Hospital

The Virginia Baptist Hospital (VBH) Auxiliary Board welcomed three new members in January. They are Paulette Parker, Recording Secretary; Gary Hutcherson, Assistant Treasurer; and Edith Stadler, Member-at-Large. We welcome their talents and time they are willing to share with the board as we begin a new year.

The Auxiliary continues to offer a variety of fundraising activities in addition to our two gift shops. We just had a successful Uniform and Shoe Sale and have many other sales planned for the remainder of the year.

Submitted by Yolan Williams, President

Centra Bedford Memorial Hospital

Annual Fundraising Donations/Allocations 2019

Requests were made during the 2019 Fall Meeting. Presentations from the following departments were offered requesting Auxiliary funds: Cardiac Rehab--Lauren Martin, Manager; Respiratory Therapy--Mary Lavendar, Manager; Med/Surg--Tonya Mitchell, Clinical Quality Coordinator. All requests were approved by Hospital CEO Bill Bass, and the Auxiliary total funds donated for 2019 totaled \$19,000.

The Christmas Tree Lighting Ceremony was held on December 9 and opening greetings were made by CEO/Vice President, Bill Bass. Musical participants included Liberty High School, Bedford, Clarinet Band, Smith Mountain Lake Harmaners, CBMH Employees Jim Gingeleski, Resp. Therapy; and DeDe Edwards, Volunteer Services. Musical accompaniment was provided by Annette Kendall, Radiology. Santa and Mrs. Santa arrived via "Bedford Fire & Rescue" to greet the crowd. Refreshments were served in the auditorium following the ceremony. The event was sponsored by Centra BMH Auxiliary.

Toys for Kids 2019 (2nd Annual Participation)

We have officially adopted nearly 250 children, with a few more coming in here and there as schools hear about them! With help from Centra Bedford Memorial, the Auxiliary/Volunteer Services, Bedford County Sheriff's Office, Dollar General, and a few nice donations, we will be able to provide for every single one of these kids! Donations were received from employees and volunteers to make this Christmas a memorable one for many children who otherwise would not have a Christmas.

Happy "continued" New Year 2020.

Submitted by Kay Waff, Auxiliary President, and Denise Edwards, Manager

Page Memorial Hospital

In 2019, the Page Memorial Hospital Auxiliary, celebrated its 95th year anniversary. PMH Auxiliary was started before there was a hospital in Page County and was the driving force to open the first hospital in the county.

PHM Auxiliary pledged \$20,000 in 2018. It was set up to give \$10,000 in 2019 and \$10,000 in 2020. This money was used to purchase a Lucas Device, which is an automatic CPR machine. The Lucas Device will be used in the Emergency Dept. at Page Memorial Hospital, making Page Memorial Hospital the only hospital in the Valley Health System to have a Lucas Device.

In 2020, we plan to have our annual golf tournament (which is always a big success), bake sales, yard sale, and our annual Christmas Love Light tree-lighting ceremony in December.

2019 was my first year as president, and I would like thank all of our members and our hospital liaison, Denise Rhinehart, who helped guide me in my first year.

Submitted by Skip Arnold, President

Southwestern District

It is without a doubt there is so much going on in our area, state, and the country. It is with sadness that I need to let you know that the Virginia Association of Healthcare Auxiliaries and Volunteers voted to not have the Spring District Meetings this year; therefore, we will not meet this spring but will meet at the Annual Conference Meeting in October at the DoubleTree by Hilton in Midlothian, Virginia. I realize this is a long trip for some in the Southwest, but I would encourage you to attend. It is planned for October 26 and 27, as many people wanted a two- day meeting. Please put this on your calendar as I will be serving as Conference Coordinator with the help of two outstanding ladies, Linda Woods and Patsy Garrett, who is also serving as Vendor Chair. I was so looking forward to coming to Big Stone Gap so we could all meet, but we will make plans for the 2021 Spring District Meeting.

Just a few reminders: If you have not sent your dues in to our Treasurer, please do so, and also if you have any new officers or a new President or DVS, please email those changes to me. I hope to make contact with you in the very near future. If you would like to suggest someone from your area as a speaker or workshop presenter, let me know so I can contact them about the October meeting.

Volunteer Week will be here soon, so on that note I want to congratulate each and every volunteer or Auxilian in the Southwestern District. You are very special! Thank you for your service and dedication.

Submitted by Carolyn Johnson, Chair

VAHAV Officers for 2019

<i>PRESIDENT:</i>	<i>Joan Proctor</i>
<i>PRESIDENT ELECT:</i>	<i>Frank Ringquist</i>
<i>CONFERENCE CHAIR:</i>	<i>Carolyn Johnson</i>
<i>TREASURER:</i>	<i>Diane Glasgow</i>
<i>RECORDING SECRETARY:</i>	<i>Carolyn Johnson</i>



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Recording Secretary: Carolyn Johnson, recordingsecretary@vahav.org

Conference Chair: Carolyn Johnson, conferencecoordinator@vahav.org

Corresponding Secretary: Debbie Sammler, correspondingsecretary@vahav.org

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Vendor: Patsy Garrett, vendor@vahav.org

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Hampton Roads District Chair: Debbie Sammler, HamptonRoadsDistrict@vahav.org

Northern District Chair: Jim Dunlop, NorthernDistrict@vahav.org

Piedmont District Chair: Jane Caine, PiedmontDistrict@vahav.org

Southwestern District Chair, Carolyn Johnson, SouthwestDistrict@vahav.org

VHHA Liaison, Kelly Cannon, kcannon@vhha.com



EDITOR'S REMINDER!

**Connection Deadlines are
December 1, March 1, June 1, and September 1!**

Please forward your newsletter articles to: newsletter@vahav.org

